

# Allura

Allura is a high protein, low carbohydrate supplemented food with the added benefit of Vitamin C to help the skin's complexion by supporting collagen formation.

## PRODUCT INFORMATION SHEET

Allura is a Body and Beauty Shake designed for women, containing a unique blend of Soy Protein Isolate, Apple Fiber, Marine Collagen Extract and Vitamin C.

### WHAT MAKES ALLURA UNIQUE?

Allura is unique as it is the only product specifically developed for women to encourage from a scientifically researched marine collagen extract.



Soy Protein Isolate

#### PROTEIN

An important beauty nutrient, is the main structural component of our body and supports a wide range of functions in our body. Protein plays a key role to build and repair body tissues, plus growth and development of our muscles, and bones.



Marine Collagen

#### MARINE COLLAGEN EXTRACT

Allura contains collagen and elastin peptides that is highly purified and scientifically researched. The polypeptides have a low molecular weight, making it soluble in water and easy to digest.



Vitamin C

#### VITAMIN C

Vitamin C serves many important functions in our body, it is an antioxidant and is best known to contribute to normal collagen formation for the normal function of the skin as well as being necessary for normal connective tissue structure and function.



Apple Fibre

#### APPLE FIBRE

Carbohydrates and dietary fibre provides important nutrients and are essential for energy. One of the major benefits of consuming apple fibre is to promote regular functions in the digestive system.



AVERAGE QUANTITY	PER 100 (G)	PER 15 (G)
Energy (kJ)	1402.2	210.3
Protein (g)	68.3	10.2
Total Fat (g)	0.7	0.1
Total Carbohydrate (g)	21.3	3.2
– Sugars (g)	5.7	0.9
– Fibre (g)	17.7	2.7
Sodium (mg)	698.9	104.8
Vitamin C (mg)	270	40.50

\* These are average values only and are based on typical composition of the ingredients.

#### Directions for use

Add 15 grams (3 level scoops) to 150 ml of cold water, or low-fat milk and mix in a blender or shaker (shake for at least 30 seconds).

Take four servings per day.

#### Ingredients

Soy Protein Isolate, Marine Collagen Extract, Apple Fiber, Vitamin, Natural Flavours, Natural Sweeteners, Vanilla Cream Flavour

#### SUGGESTED STORAGE

Store in a cool dry place, reseal can after use.

#### WARNINGS

Consult a physician prior to use if pregnant or lactating, or using prescription medication. Discontinue use and consult a physician if any adverse reactions occur.

NOT SUITABLE FOR INFANTS AND CHILDREN UNDER 4 YEARS OF AGE.

CONTENTS CONTAIN SOY AND SEAFOOD

### FOUR SERVINGS PER DAY WILL PROVIDE:

**40g**

of essential protein

**10g**

of apple fibre

An effective serving of marine collagen extract.

**160mg**

of Vitamin C