

# MyMana™

Mixed Skim Milk with Colostrum & Honey

## PRODUCT INFORMATION SHEET

**MyMana™ is a complete, powerful, protective nutritional food. It is a unique colostrum-based food product that supports energy, digestive and immune functions.**

### WHAT IS UNIQUE ABOUT MYMANA™?

MyMana™ is a unique proprietary blend of colostrum and honey powder.



#### COLOSTRUM

Colostrum is the first milk produced by all mammals after giving birth is rich in antibodies and is known for its wide range of benefits.



#### NEW ZEALAND HONEY POWDER

Scientists are discovering that natural New Zealand honey has wide ranging benefits. New Zealand honey, gathered from the pristine and clean environment of New Zealand contains is a natural sweetener and tastes good.

### NUTRITIONAL INFORMATION

Servings per package: 30

Serving Size: 15g in 125mL water

AVERAGE QUANTITY	PER 15 (G)	PER 100 (G)
Energy (kJ)	224	1490
Protein (g)	2	13.5
Total Fat (g)	0	0.2
Total Carbohydrate (g)	1.1	73
Total Sugars (g)	7.7	51
Dietary Fibre (g)	1.5	10
Vitamin A (µg)	128	850
Vitamin B1 (mg)	0.2	1.4
Vitamin B2 (mg)	0.3	1.7
Vitamin B3 (mg)	3.0	20
Vitamin B6 (mg)	0.2	1.3
Vitamin C (mg)	23	150
Vitamin E (mg)	1.8	12
Folic Acid (µg)	64	425
Sodium (mg)	24	160
Calcium (mg)	120	800
Magnesium (mg)	30	200
Iron (mg)	1.8	12
Zinc (mg)	1.7	11



### MYMANA™ BENEFITS



Great for the whole family's daily consumption



The goodness of colostrum and honey



Contains many vitamins and minerals



Great taste

#### Directions for use

Take 1 sachet (or 2 scoops) in 100-125mL water and shake to disperse. Take one shake every morning. Can take an extra shake in the afternoon if required.

#### Ingredients

Dextrose, Skim Milk Powder, Soluble Corn Fibre, Isomaltulose, Colostrum Powder, Honey Powder, Guar Gum, Dicalcium Phosphate, Xanthan Gum, Colostrum Extract, Natural Flavour, Magnesium Oxide, Calcium Carbonate, Sodium Ascorbate, Zinc Gluconate, Ferric Pyrophosphate, Vitamin E Acetate, Niacinamide, Vitamin A Acetate, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Folic Acid.

Contains permitted flavour substances and thickener as permitted food conditioner.

#### SUGGESTED STORAGE

Store in a cool dry place. See below of this pouch for batch number and best before before starting consumption.